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Energize with SuperFoodsRx™ dishes made with ingredients packed with nutrients to power your day.



APPLES

Bursting with antioxidants, including polyphenols, flavonoids and vitamin C

AVOCADO

High in fiber, folate, potassium, vitamin E and magnesium

BEANS

Low-fat source of protein, fiber, B vitamins, iron, folate and magnesium

BLUEBERRIES

Packed with exceptionally high levels of antioxidant phytonutrients

BROCCOLI

Generous amounts of fiber, vitamins B6, C and E and a healthy portion of vitamin K

CINNAMON

One of the oldest known spices, long used in traditional medicine

DARK CHOCOLATE

Provides antioxidant flavonols

DRIED SUPER FRUITS

Concentrated source of health-promoting nutrients

EXTRA-VIRGIN OLIVE OIL

Great source of vitamin E

GARLIC

Nutrient rich, including vitamins B6 and C, phosphorous, zinc and selenium

HONEY

Antioxidant activity stems from peptides, organic acids and enzymes

KIWI

Offers vitamin C, folate, potassium and fiber and is a low-calorie source of vitamin E

LOW-FAT YOGURT

Includes live, active cultures; protein; calcium and B vitamins

OATS

Low in calories, high in fiber, protein, magnesium, potassium, zinc and copper

ONIONS

Rich dietary source of flavonoids and phytonutrients

ORANGES

A potent source of vitamin C and rich in flavonoids

POMEGRANATES

Abundant in potassium, vitamin C, polyphenols and vitamin B6

PUMPKIN

Low in calories and extremely high in fiber, vitamins C and E and carotenoids

SOY

Great source of vitamins, minerals, plant protein and soluble fiber

SPINACH

Contains iron, antioxidants, vitamin K, coenzyme Q10 and omega-3 fatty acids

TEA

Brimming with antioxidants and important vitamins and minerals

TOMATOES

Supply fiber and are a rich source of the antioxidant lycopene

TURKEY

One of the leanest meat protein sources, also contains vitamins B6 and B12 and zinc

WALNUTS

Provide fiber, protein, B vitamins, magnesium and antioxidant vitamin E

WILD SALMON

High in protein, and one of the richest sources of omega-3 fatty acids



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.



This recipe has been created and tested in the SuperChefs kitchens by the SuperChefs kids.

Breakfast

Available from 6:30AM to 11:00AM**. Dial Service Express®.

Entrées

ESSENTIALS BREAKFAST 17.00

Fresh mixed fruit cup, three piece assorted pastry basket: Danish, croissant, muffin and freshly brewed coffee or tea

BUTTERMILK PANCAKES 18.00

Choice of macadamia nuts, banana slices, or blueberries, served with maple or coconut syrup and butter

BELGIAN WAFFLE 19.00

Strawberries and whipped cream

HAWAIIAN STYLE FRENCH TOAST 18.00

Hawaiian sweet bread with maple syrup

EGG WHITE OMELETTE WITH BROCCOLI AND

CHEDDAR* 23.00

Cured Roma tomatoes, crisp hash browns or spring salad

SPICY TURKEY SCRAMBLED EGG TACO* 20.00

Smoked turkey, roasted red peppers, jack cheese, cilantro, flour tortilla 

EGGS BENEDICT* 23.00

Canadian bacon or spinach, traditional hollandaise, hash browns


TWO EGGS ANY STYLE* 23.00

Two eggs, choice of bacon, country ham, Portuguese sausage, or link sausage, hash browns, and toast

THREE EGG OMELETTE 23.00

Fresh eggs, egg whites, or egg substitute, with any three additions: cheddar cheese, Swiss cheese, ham, bacon, bell pepper, onion, spinach, zucchini, tomato, with crisp hash browns, toast, butter and tropical preserves

TURKEY & EGG WHITE WRAP* 20.00

Scrambled egg whites, avocado, spinach, cheddar cheese, whole wheat tortilla, hash browns 

Breads + Pastries

Served with butter and fruit preserves

Bagel with cream cheese 8.00

English muffin or toast, white, wheat, sourdough, rye 5.00

Bakery basket, assorted croissant, muffin, and SuperFoods breakfast bread 10.00

Cereals

Cheerios®, Cinnamon Toast Crunch®, Kashi Go Lean® 8.00

Add Strawberries or Banana 3.00

Steel Cut Oatmeal with brown sugar, raisins, macadamia nuts, coconut 14.00

Side Orders

Hickory smoked bacon, chicken apple sausage, upcountry ham, Portuguese sausage, link sausage, hash brown potatoes, steamed rice 8.00

Coffee + Tea

Freshly brewed Starbucks® blend Coffee, Regular or Decaffeinated

Small Pot (3 cups) 8.00

Large Pot (6 cups) 13.00

Espresso 4.25

Cappuccino 5.50

Cafe Latte 5.50

ASSORTED TAZO® TEAS 6.50

Awake, Calm, Wild Sweet Orange, Earl Grey, Tazo Chai, Passion, Lotus

MILK 4.50

Whole, 2%, Skim, Chocolate, Soy

**Enjoy breakfast longer on weekends – turn to our Westin Weekend Breakfast Menu page for details.

*Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

A delivery charge of \$5, plus 20.25% gratuity and sales tax, will be added. The service charge includes a 16.25% gratuity for staff. The remainder of the service charge and delivery charge are retained by the hotel. All prices in U.S. dollars.

Breakfast

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Westin Fresh by The Juicery

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.

Apple, Spinach, Lemon, Parsley 7.00 

Carrot, Orange, Ginger, Turmeric, Mango 7.00 

Papaya, Pineapple, Mint 7.00

Kale, Spinach, Banana, Mango, Cinnamon smoothie 8.50


Fruits, Juices + Yogurts

Freshly Squeezed Orange or Grapefruit Juice 7.00

Tomato, V8®, Pineapple, POG (Passion, Orange, Guava) or Guava Nectar Juice 5.00

Market picked fruits and berries 16.00 

Greek or Non-fat Yogurt 6.00 

Granola yogurt parfait with Lillikoi pearls 11.00 

Blueberry Orange protein smoothies 12.00 

Westin Weekend Breakfast Menu

Weekends last longer at Westin hotels, with extended breakfast hours. Whether you sleep in and slow down, or jump-start your day with a WestinWORKOUT, you can dine at your own pace.

For a better you.™

Extended breakfast available Saturdays and Sundays until 3:00PM.


BLUEBERRY ORANGE PROTEIN SMOOTHIE 12.00

Served with fruit salad 

SUNRISE YOGURT AND SEASONAL BERRIES 19.00

Low-fat Greek yogurt, organic granola, berries 

LOX AND BAGEL 27.00

Atlantic salmon, Kamuela tomato, Maui onion, capers, cream cheese 

TWO EGGS 19.00

Hash browns, toast.

Choice of hickory smoked bacon, chicken apple sausage, country ham, Portuguese link sausage

MAUI MOCO 19.00

Kalua pork, fried egg, Maui onion, brown gravy, steamed rice

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GF
Gluten Free

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Eat Well Menu for Kids

Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids, developed with SuperChefs™ to make kids and parents happy. Dial Service Express®.

Breakfast

Available from 6:30AM to 11:00AM**

BABY SPINACH & CHEESE OMELETTE 9.00

Served with fruit salad **GF** 

BUILD-YOUR-OWN GRANOLA PARFAIT 9.00

Low-fat Greek yogurt, organic granola, strawberries, blueberries, raspberries **GF**


OATMEAL WITH APPLES AND WALNUTS 8.00

Served with apples, walnuts, honey and milk **GF**


Lunch or Dinner

Available from 11:00AM to 11:00PM**

CHICKEN COBB SALAD 10.00

Mixed greens, chicken, egg, cheese, avocado, and cherry tomatoes with low-fat dressing 

TURKEY LETTUCE WRAPS 10.00

Ground turkey, ginger, onions, carrots, crunchy noodles **GF** 


CHICKEN QUESADILLA 10.00

Served with black beans, rice and pico de gallo

FISH TACOS* 10.00

Soft shell tacos, lettuce, grilled corn, jalapeños, mango, pico de gallo

TURKEY SLIDERS 10.00

Grilled turkey burger served with carrots, celery sticks and low-fat cranberry mayonnaise 

TUNA SALAD SANDWICH 10.00

Served on whole wheat bread with lettuce and tomato

Dessert

LEMON CORNMEAL COOKIE WITH SORBET 6.00

Served with fresh fruit and one scoop of sorbet

APPLE FRUIT SALAD 6.00

Cored apple filled with fresh fruit **GF** 

Drinks

FRUIT SMOOTHIE 6.00

Strawberries, blueberries and bananas blended with orange juice and honey **GF** 

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All-Day Dining

Available from 11:00AM to 11:00PM. Dial Service Express®.

HAIKU GREENS SALAD 12.00

Upcountry vegetables, selection of house dressing



CLASSIC CAESAR SALAD 13.00

White Anchovy, Asiago cheese and Caesar dressing

Add chicken 6.00 or chilled shrimp 8.00

GINGER CHICKEN SALAD 16.00

Chilled Asian ginger chicken, haiku greens, crisp wontons, rice noodles, sesame vinaigrette

WESTIN COBB 19.00

Chicken breast, pipikaula (cured Hawaiian beef), romaine lettuce, watercress, avocado, tomatoes, egg, maytag blue cheese, Dijon vinaigrette

LOBSTER CHOWDER 12.00

Cold water lobster, bacon, Tabasco butter, chives

AHI TOSTADA* 17.00

Wonton chip, avocado, cilantro slaw

CHICKEN QUESADILLA 17.00

Pulled chicken, jack and cheddar cheese

CHICKEN WINGS 17.00

Hot sauce or pineapple BBQ sauce, carrots and celery sticks

Available from 11:00AM to 11:00PM*. Dial Service Express®.

All sandwiches and burgers are served with choice of French fries or chips

FURIKAKE SEARED AHI SANDWICH* 19.00

Sesame focaccia, wasabi cream, pickled radish

TURKEY BLT MULTI-GRAIN WRAP 17.00

Kamuela tomato, crisp bacon, Asian greens, mayonnaise

GRILLED SALMON FILET* 18.00

Guacamole, tomato, spinach on whole wheat bun



TURKEY LETTUCE WRAP 16.00

Romaine lettuce, ginger, herbs, carrot, crispy wonton, kabayaki

AMERICAN KOBE BEEF BURGER 17.00

Cheddar, pepper jack, American, Swiss, or blue cheese

Add toppings \$1 each: onion rings, bacon, mushrooms, kula onions, fried egg, jalapeño, guacamole, kimchi, pineapple, peppers

FARM FRESH VEGETABLE PASTA WITH HAMAKUA MUSHROOMS 26.00

Artichoke hearts, Big Island Alii mushrooms, grape tomato and spinach with gemelli pasta and basil Asiago pesto sauce

HALF ROASTED CHICKEN 28.00

Oven roasted half chicken, steamed jasmine rice, huli huli sauce, ginger pickle slaw

HAWAII ALA'E RUBBED RIB EYE STEAK* 42.00

Whipped potatoes, Anuhea asparagus, heirloom carrots, house crafted steak sauce

MISOYAKI SALMON WITH GINGER SCALLION PESTO* 29.00

Yellow curry steamed quinoa, rice farms organic kale, roasted almonds, dried cranberries, charred Meyer lemon vinaigrette

GRILLED OPAH* 32.00

Polynesian fried rice, ginger baby bok choy, ginger herb pesto

Side Orders 7.00

Sautéed asparagus **GF**, wok-fried vegetables

GF, steamed white rice, French fries, onion rings, whipped potatoes

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All-Day Dining

Available from 11:00AM to 11:00PM**. Dial Service Express®.

Desserts

MACADAMIA NUT FUDGE PIE 9.00

Macadamia nut ice cream, Oreo cookie crust, fudge topping, caramel sauce

KULA STRAWBERRY LAVENDER SHORTCAKE 9.50

Toasted macadamia nuts, whipped cream

CLASSIC BANANA SPLIT 12.50

Served in a petite local pineapple **GF**

CHOCOHOLIC 10.00

Double fudge brownie, chocolate ice cream, chocolate sauce

DARK CHOCOLATE AND GOJI BERRY TORTE 12.00

Candied almonds, salted caramel 

Late-Night Dining

Available from 11:00PM to 6:30AM**. Dial Service Express®.

CEREAL 7.00

Cheerios®, Cinnamon Toast Crunch®, Kashi Go Lean®

FRUIT BOWL 9.00

Honeydew, cantaloupe, pineapple

CLASSIC CAESAR SALAD 13.00

White Anchovy, Asiago cheese and Caesar dressing

MIXED GREENS SALAD 13.00

Crisp greens, carrot, zucchini, cucumber, grape tomato, Italian or Ranch dressing

SMOKED TURKEY SANDWICH 18.00

Sliced turkey, grilled onion, Swiss cheese, cranberry aioli on a French baguette, served hot - oven toasted.

ITALIAN SANDWICH 18.00

Salami, ham, pepperoni, roasted red peppers, provolone cheese, basil, red wine vinaigrette on an Italian roll - served hot - oven roasted

ALBACORE TUNA SALAD SANDWICH 18.00

Tuna salad, aged cheddar, sprouts, caper aioli, on a rustic roll

BLACK FOREST HAM SANDWICH 18.00

Sliced ham, tomato, lettuce, Swiss cheese, Maui onion, mustard, on artisan rye bread

MINI BROWNIES 9.00

Three house-made chocolate brownies

CHOCOLATE CHIP COOKIES 9.00

Two house-made cookies

FRESH PINEAPPLE CUBES 9.00

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Sleep Well Menu



Enjoy these superfoods 1–2 hours before bedtime to enhance your rest and enrich your well-being.

*Available 24/7. Dial Service Express®.

***GREEK YOGURT PARFAIT** 10.00
Walnut granola, market berries

***SEARED AHI TUNA AVOCADO SANDWICH** 17.00
Edamame hummus

***CITRUS SHRIMP AND SOBA NOODLE SALAD** 12.00
Mixed greens, orange, cilantro, avocado,
Asian dressing

***BEDTIME SNACK** 4.50
Cherry walnut oat muffin

HERBAL TEA 6.50
Unwind and re-center with a cup of naturally
caffeine-free herbal tea, featuring a proprietary
blend of aromatic herbs designed to promote
relaxation and restful sleep

Whether you're adjusting to a new time zone or recovering from your travels, restful sleep is the key to renewal. Recommended by the experts at SuperFoodsRx™, these selections are packed with amino acids, vitamins and minerals that promote sound sleep, including:

TRYPTOPHAN

Boosts serotonin production and enhances sleepiness

MELATONIN

Resets sleep-wake cycles, combating jet lag and improving sleep quality

THIAMIN

Important B vitamin that helps improve sleep patterns

MAGNESIUM & POTASSIUM

Electrolytes often lost during travel that help promote sleep and prevent insomnia

FOLATE

Helps fight fatigue during the day and promotes sound sleep at night

SEROTONIN

Promotes relaxation and induces sleepiness

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Alcoholic Beverages

Available from 10:30AM to 10:30PM. Dial Service Express®.

Beer

DOMESTIC 7.00

Budweiser, Bud Light, Coors Light, Miller Lite

LOCAL 8.00

Maui Brewing Co.: Coconut Porter, Mana Wheat, Big Swell, Bikini Blonde

Kona Brewing Co. Longboard Lager

PREMIUM 8.00

Corona, Corona Light, Heineken, Heineken Light, Blue Moon, Sam Adams Boston Lager, Sierra Nevada Pale Ale

Signature Cocktails

NO KA 'OI MAI TAI 14.00

"Junior's winning Mai Tai" Cruzan pineapple rum, Grand Marnier, Cruzan coconut rum, fresh muddled limes, pineapple and orange juices, citrus infused sugar cane syrup, Old Lahaina dark rum float

THE BIG KAHUNA 12.00

Skyy infusions pineapple vodka, Malibu coconut rum, pineapple juice, coconut water, lime, drizzle of Blue Curacao

BLUE HAWAII 11.00

Coconut vodka, Blue Curacao, sweet 'n sour, pineapple juice

VOLCANO 14.00

Cruzan aged light rum, Old Lahaina dark rum, brandy, pineapple juice, passion fruit, grenadine, 151 rum float - blended

BLUEBERRY ACAI LEMONADE 12.00

Smirnoff blueberry vodka, fresh squeezed lemon, lemonade, drizzle of cedilla acai liqueur

Sparkling Wines

BRUT, CHANDON 11.00/40.00

California

BRUT, MUMM 18.00/48.00

Napa

White/Rose Wines

WHITE BLEND, 14 HANDS "HOT TO TROT" 10.00/32.00

Washington

RIESLING, EROICA 10.00/45.00

Washington

RIESLING, ANEW 10.00/32.00

Washington

SAUVIGNON BLANC, KIM CRAWFORD 12.00/40.00

New Zealand

CHARDONNAY, MAGNOLIA GROVE 8.00/30.00

California

CHARDONNAY, CHATEAU ST. MICHELLE "INDIAN WELLS" 13.00/40.00

Washington

PINOT GRIGIO, BOLLINI 13.00/52.00

Italy

PINOT GRIGIO, STELLINA DI NOTTE 9.00/45.00

Italy

ROSE, BANFI CENTINE 11.00/32.00

Italy

Red Wines

PINOT NOIR, DELOACH 11.00/46.00

California

PINOT NOIR, MACMURRAY RANCH 13.00/39.00

Sonoma Coast

RED BLEND, ALAMOS 9.00/32.00

Argentina

CABERNET SAUVIGNON, MAGNOLIA GROVE

8.00/30.00

California

CABERNET SAUVIGNON, CHATEAU ST. JEAN

11.00/48.00

Washington

MALBEC, ALAMOS 9.00/27.00

Argentina

***Responsibility matters. Must be of legal drinking age or older to purchase and/or consume alcohol. Vintages are subject to change; please ask your server when making your selection.

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Hotel Venues

Waialele Polynesian Luau

Waialele Luau includes a shell lei greeting, free-flowing beverages and delicious Polynesian cuisine. Sit back and enjoy the vibrant music and dances of Polynesia. The Grand Finale features the amazing and “Most Extreme Fire-Knife Dance Performance on Maui!”

Families are Welcome! Premier Seating (1st 3 rows with Private Arrival Area) or Traditional Seating options available. Inquire about special pricing for children ages 12 and under, when accompanied by an adult. Reservations are required. Please call our Direct Reservation Line at 808-661-2992, or inside the resort, Press 0 for x2992

LOCATION

Oceanfront, Aloha Pavilion at Sunset

Colonnade Cafe

Conquer the morning with a hot, fresh cup of Starbucks® Kona blend coffee, signature café latte, or frappuccino blended beverage while relaxing by the waterfalls and koi pond. Other continental breakfast options include: house made pastries, muffins, cinnamon buns, assorted bagels, fresh fruit, yogurt, and cereal. Indulge in a hot breakfast sandwich or a bowl of our steel cut oatmeal.

Colonnade Cafe also features an assortment of pre-made deli sandwiches and other snacks, perfect for a day at the beach or touring the island.

LOCATION

On the main concourse between the Lobby and Relish Burger Bistro.

Beach Bar

Ages 21 and over are invited to kick back and enjoy adult beverages while overlooking world-famous Ka’anapali Beach. Sip on a tropical smoothie or signature cocktail while you unwind at the bar, relax under an umbrella, or lounge by the pool.

LOCATION

On the upper-level pool deck, by the waterslide.

Relish Burger Bistro

Enjoy an innovative and modern twist to the classic American burger experience. Set outdoors amidst a courtyard garden setting, this bistro-style restaurant features 100% Kobe beef burgers and vibrant island flavors. Breakfast features our island buffet infused with a vast SuperFoods selection as well as other traditional morning favorites.

Inside Relish Burger Bistro is the Relish Bar – a convenient spot to stop by during the day and enjoy a refreshing beer, tropical drink or cocktail. Sit back and relax while you watch your favorite sporting events on one of our 7 flat screen TVs. We feature all-day sports programming and specials by satellite from DirecTV. Relish is open seven days a week, serving breakfast, lunch and dinner.

LOCATION

On the ground level of Beach Tower, poolside.

Relish Oceanside

The restaurant and bar present an enhanced evening experience amidst tumbling waterfalls and glowing tiki torches. The setting is ideal to celebrate in tropical paradise as you savor island-inspired cuisine amidst stunning oceanfront sunsets.

LOCATION

On the beach walk.

Sea Dogs

Centrally located, Sea Dogs is a convenient spot to pick up a snack on your way to the pools or the beach. Here you’ll find hot dogs, soft drinks, popcorn, shave ice, ice cream and a variety of light snacks.

LOCATION

Next to the Molokai Pool Deck.